

飲用自來水

它是安全，健康和（幾乎）免費的！



自來水與瓶裝水

自來水比瓶裝水更加便宜和安全

		
消費者每加侖的成本	半毛錢	\$1.20
提供水源的來源	✓	✗
需要測試超過100種毒素	✓	✗
規定定期安全和質量檢查報告	✓	✗
對環境好	✓	✗

您知道嗎？

- 💧 您孩子的學校對水源有進行鉛測試，所以可**安全飲用!**
- 💧 我們的身體需要水來運作。
- 💧 自來水裡面含有的氟合物可以防止蛀牙和保護牙齒健康。
- 💧 喝水可以幫助孩子有更好的注意力。



想要獲得更多資訊關於預防兒童鉛中毒，請瀏覽 www.cdph.ca.gov/Programs/CCDPPH/DEODG/CLPPB



Drink Tap Water:

IT'S SAFE, HEALTHY AND (ALMOST) FREE!



TAP VS. BOTTLED

TAP WATER IS CHEAPER AND SAFER THAN BOTTLED WATER.

	 Tap Water	 Bottled Water
Cost per gallon	half a penny	\$1.20
Required to provide source of water	✓	✗
Required to test for over 100 toxins	✓	✗
Regular safety and quality reports required	✓	✗
Better for the environment	✓	✗

DID YOU KNOW?

- 💧 Your child's school had its water tested for lead and it is **SAFE TO DRINK!**
- 💧 Our bodies need water to function.
- 💧 Fluoride in tap water prevents dental cavities and keeps teeth healthy.
- 💧 Drinking water can help children have better focus.



For more information on childhood lead prevention, visit www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB